Healing the Hidden Wounds of Racial Trauma

Thursday, September 29 & Friday, September 30, 2016

Saint Mary’s University Center
2540 Park Avenue S | Minneapolis, MN

With Dr. Kenneth V. Hardy
Also featuring Dr. Anderson (AJ) Franklin, Ms. Vanessa Jackson, Dr. Joseph White, and more
Race. Throughout history the social construct of race has been used to simultaneously divide and connect, oppress and empower, disgrace and celebrate people of the human race. Recent events call our attention once again to the impact race and institutional racism have on us all. In its inaugural event, Kente Circle Training Institute (KCTI) is proud to present Healing the Wounds of Racial Trauma, a two-day conference featuring some of the most inspiring voices in therapy today.

Day One (Thursday, September 29, 2016) will explore the historical and current realities of structural racism and the legacy of violence and discrimination that result in race-related trauma wounds. The day will begin with a keynote address by Dr. Anderson (AJ) Franklin, followed by interactive reflection circles facilitated by Vanessa Jackson. During a lunchtime awards ceremony, Kente Circle and KCTI CEO, Larry Tucker, will recognize local providers and partners. In the afternoon Dr. Joseph White will offer a keynote address, followed by a panel discussion with audience participation facilitated by Dr. Ken Hardy. At the end of the day, conference attendees will have the opportunity to have materials signed by panelists and facilitators.

Day Two (Friday, September 30, 2016) Dr. Kenneth V. Hardy will build upon conversations of the previous day, addressing the need to heal the economic, social, and psychological wounds of racial trauma on an individual and communal level. In this full-day training, Dr. Hardy will support dialogue and validate everyday experiences that shape people's sense of safety, belonging, and hope. Dr. Hardy will explore his concepts of internalized voicelessness, devaluation, and the assaulted sense of self. Trainees will acquire tools and strategies to acknowledge how racial trauma has impacted their personal and professional communities, and learn to take action using race as a foundation for enhancing curiosity and connection rather than division.

Training Objectives

- Increase understanding of the historical and current impact of race and racial trauma for self, clientele, & diverse communities

- Equip participants of all racial identifications with concepts, skills, and resources to address racial trauma with clients and within their own communities

- Inspire participants to take action toward dismantling forces that promote racial trauma and develop a more culturally competent workforce and community
Kente Circle Training Institute
Creating space to cultivate genius

The Kente Circle Training Institute (KCTI) is a non-profit launched by Kente Circle, LLC (Kente) in 2015. Kente was established in 2004 to provide culturally responsive therapy to individuals, couples, and families. It is located in South Minneapolis and provides an array of mental health services in Hennepin, Dakota, Anoka, and Ramsey Counties, and in various settings including schools, corrections, and in clients’ homes. In addition to providing mental health services to diverse clientele, Kente has dedicated itself to training future and current mental health professionals through its educational programs that include its unique clinical internship program and culturally relevant trainings. Since 2004, Kente organized and facilitated nearly 100 trainings and workshops focusing on cultural awareness and trained over 110 Master’s- and doctorate-level interns from multiple disciplines, including marriage and family therapy, social work, and psychology.

Building on Kente Circle’s educational legacy, in 2015 Kente established KCTI, a non-profit organization that encompasses and expands upon Kente’s training opportunities. KCTI also fosters the research and community-building work initiated by Kente. Every KCTI program, including trainings, workshops, and community events, pays particular attention to the importance of race and culture as foundational components. Its programs seek to bring awareness to the significance of how our own cultural identities act as driving forces in our communities and our lives. KCTI aims to improve the health and wellbeing of communities of color & historically-underserved populations and inspire connection and healing. It is our goal that KCTI allows us to reach the community in new ways and further our mission to create a more diverse and culturally competent mental health workforce and community.

Mission
To create a mental health provider workforce and community that is more diverse and culturally competent.

Vision

• Engage the community to proactively address the shortage of mental health providers of color and develop leaders
• Embrace all forms of diversity by offering ethnically and culturally relevant training experiences
• Empower trainees to develop and sustain mental healthcare practices and policy for culturally diverse communities
• Equip training participants with new information, skills and knowledge necessary to grow individually and collectively

For the past 50 years Dr. White has enjoyed a distinguished career in the field of psychology and mental health as a teacher, mentor, administrator, clinical supervisor, writer, consultant, and practicing psychologist. He is currently Professor Emeritus of Psychology and Psychiatry at the University of California, Irvine, and a member of the Board of Trustees of The Menninger Foundation in Houston, Texas. He was a pioneer in the field of Black psychology and is affectionately referred to as the “Godfather” of Black psychology by his students, mentees, and younger colleagues. His seminal article in Ebony magazine in 1970, “Toward a Black Psychology,” was instrumental in beginning the modern era of African-American and ethnic psychology.

Dr. Kenneth V. Hardy, PhD

Dr. Hardy is an internationally recognized clinician, author, educator, and consultant. He is a Professor of Family Therapy at Drexel University in Philadelphia, Pa., and is the Director of the Eikenberg Institute for Relationships in New York City. An engaging workshop leader, Dr. Hardy provides trainings nationally and internationally on family therapy with oppressed populations. He has won great acclaim for the contributions that his numerous publications and videotapes have made toward challenging the field to think critically about issues of diversity and oppression, including The Psychological Residuals of Slavery. Dr. Hardy maintains a practice in New York, New York specializing in working with children and families.

Dr. Dr. Franklin is a Professor of Psychology at both the Boston College and The Graduate School of The City University of New York. He also leads programs strengthening ties between schools, families and community partners engaged in out of school time activities to address the achievement gap and mental health of students. He is co-author with Dr. Nancy Boyd-Franklin of Boys Into Men: Raising our African American Teenage Sons. His last book, From Brotherhood to Manhood: How Black Men Rescue Their Relationships and Dreams From the Invisibility Syndrome was placed on Essence magazine best sellers list.

Ms. Jackson is a licensed clinical social worker and owner of Healing Circles, Inc., a personal and professional development consulting practice in Atlanta. Ms. Jackson is an author and nationally recognized speaker on mental health issues. She has developed a concept, “fiscal trauma”, which served as the foundation for an economic empowerment recovery program for survivors of domestic violence. She offers an Activists Assistance Program to provide politically conscious and clinically sound counseling and healing workshops to Atlanta-area feminist/queer/social justice non-profit organizations. Ms. Jackson is the author of numerous publications including In Our Own Voice: African-American Stories of Oppression, and Survival and Recovery in Mental Health Systems.

Ms. Jackson, MSW, LCSW

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Conference Registration at
www.kentecircle.com
Click 2016 Training & Registration tab

Early Bird Registration through September 16, 2016 (Regular and day of prices for September 17-September 30 indicated in parentheses)

Day One (Thursday, Sept. 29) only - 6 CEUs available
Lunch included
Professionals $150 ($175)
Students $75 ($90)

Day Two (Friday, Sept. 30) only - 6 CEUs available
Professionals $130 ($145)
Students $75 ($90)

Two Day Bundle (Thursday and Friday) - 12 CEUs available
Professionals $225 ($280)
Students $125 ($155)

Payment by Visa, MasterCard, American Express, and PayPal - small transaction fees may apply.

Healing the Hidden Wounds of Racial Trauma is designed for social workers, therapists, youth workers, teachers, correctional staff, and other helping professionals.

CEUs for Minnesota’s Marriage and Family Therapy, Clinical Social Work, and Counseling Psychology Boards available.